



POOL SCHEDULE updated June 17, 2024

schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30am-9am Adult Lap and Adult Open Swim	5:30am-7:30am Adult Lap and Adult Open Swim	5:30am-9am Adult Lap and Adult Open Swim	5:30am-7:30am Adult Lap and Adult Open Swim	5:30am-9am Adult Lap and Adult Open Swim	<p>7am-2:45pm Open Swim <i>Lap Swim Limited Lanes</i></p>
9am-10:30am Swim Lessons Mini Session* OR 10am-11am Open Swim <i>Lap Swim Limited Lanes</i>	7:30-8:30am Aqua Splash <i>Lap Swim Limited Lanes</i> <i>Deep End Open</i> OR 9am-10:30am Swim Lessons Mini Session* OR 8:30am-10am Adult Lap and Adult Open Swim	9am-10:30am Swim Lessons Mini Session* OR 10am-11am Open Swim <i>Lap Swim Limited Lanes</i>	7:30-8:30am Aqua Splash <i>Lap Swim Limited Lanes</i> <i>Deep End Open</i> OR 9am-10:30am Swim Lessons Mini Session* OR 8:30am-10am Adult Lap and Adult Open Swim	9am-10:30am Swim Lessons Mini Session* OR 10am-11am Open Swim <i>Lap Swim Limited Lanes</i>	
11am-12pm Aquanastics <i>Lap Swim Limited Lanes</i> <i>Deep End Open</i>		11am-12pm Aquanastics <i>Lap Swim Limited Lanes</i> <i>Deep End Open</i>		10:30am-12pm Open Swim <i>Lap Swim Limited Lanes</i>	
12pm-1pm Adult Lap and Adult Open Swim	10am-11am Arthritis - <i>Shallow End</i> Deep Water Aerobics <i>Lap Swim Limited Lanes</i>	12pm-1pm Adult Lap and Adult Open Swim	10am-11am Arthritis - <i>Shallow End</i> Deep Water Aerobics <i>Lap Swim Limited Lanes</i>	12pm-1pm Adult Lap and Adult Open Swim	
1pm-6pm Open Swim <i>Lap Swim Limited Lanes</i>	11am-6pm Open Swim <i>Lap Swim Limited Lanes</i> OR 12pm-2pm UMADOP Swim during Open Swim	1pm-6pm Open Swim <i>Lap Swim Limited Lanes</i>	11am-6pm Open Swim <i>Lap Swim Limited Lanes</i> OR 12pm-2pm UMADOP Swim during Open Swim	1pm-6:45pm Open Swim <i>Lap Swim Limited Lanes</i>	
6pm-6:45pm Aqua Jogging <i>Lap Swim Limited Lanes</i>	6pm-7:30pm Open Swim (<i>shallow</i>) <i>Lap Swim Limited Lanes</i>	6pm-6:45pm Aqua Jogging <i>Lap Swim Limited Lanes</i>	6pm-7:30pm Open Swim (<i>shallow</i>) <i>Lap Swim Limited Lanes</i>		
6pm-7:30pm Open Swim (<i>shallow</i>) <i>Lap Swim Limited Lanes</i>	6:15pm-7:00pm Deep Water Aerobics <i>Lap Swim Limited Lanes</i>	6pm-7:30pm Open Swim (<i>shallow</i>) <i>Lap Swim Limited Lanes</i>	6:15pm-7:00pm Deep Water Aerobics <i>Lap Swim Limited Lanes</i>		

Pool Policies:

Adult Lap/Open Swim is for guests 18 years and older for continual lap swim or water exercise.

Open Swim Age Policy: Children 9 and under must be supervised by a parent or responsible adult. Children under the age of 5 must be within arms reach at all times

* Summer Swim Lessons Mini Session Dates:

*June 24th-June 28th *July 15th-July 19th *July 22nd-July 26th

YMCA of North Central Ohio - Shelby Branch

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